

In the Light of Jesus, we Love, Listen and Grow



P.E. Long Term Plan

2024-2025

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
EYFS	Fundamental movement Invasion	Personal challenge Outdoor and Adventurous	Gymnastics Dance	Net and Wall Strike and Field	Orienteering	Target Games Athletics
Year 1 Year 2	Fundamental movement Invasion	Personal challenge Outdoor and Adventurous	Gymnastics Dance	Net and Wall Strike and Field	Orienteering	Target Games Athletics
Year 3 Year 4 Year 5 Year 6	Fitness Tag Rugby	Basketball Outdoor and Adventurous	Gymnastics Dance	Hockey Strike and Field	Orienteering Athletics	Net and Wall Athletics