



Holy Cross School Whitwick



Learning for Life 2022-2023

EYFS	The 4 main areas of learning where RHE and PSHE are covered in EYFS are Communication and Language, Personal, Social and Emotional Development, Physical Development and Understanding the World.					
	LTF Relationships	LTF Keeping Safe	KAPOW Citizenship	LTF Me, My Body and my Health	LTF Emotional Well being	LTF Created to live in community
Year 1	<p>KS1 Module 2 Unit 2</p> <p>1 – Special people Who are the special people in my life?</p> <p>2- Treat others well How can I be a good friend?</p> <p>3- Say sorry What should I do if I have upset someone?</p>	<p>KS1 Module 2 Unit 3</p> <p>1 -Being Safe How do I stay safe online?</p> <p>2 -Good and bad secrets How do I stay safe online?</p> <p>3- Physical contact What are the different types of abuse?</p> <p>4- Harmful substances What impact can harmful substances have on the body?</p> <p>5 – Can you help me? (1)</p> <p>6 - Can you help me? (2)</p> <p>Being me in my world</p>	<p>1 Rules Why do we need rules?</p> <p>2 Caring for others How do I care for others?</p> <p>3 The Needs of Others Why are the needs of others important?</p> <p>4 How are we the same yet different?</p> <p>5 What different groups can we belong to?</p> <p>6 What is a Democracy?</p>	<p>KS1 Module 1 Unit 2</p> <p>1 - I am unique How am I unique?</p> <p>2 – Girls and Boys How do boys and girls’ bodies differ?</p> <p>3 – Clean and Healthy What can we do to stay healthy? (This session will take two lessons)</p>	<p>KS1 Module 1 Unit 3</p> <p>1 – Feelings, likes and dislikes What are feelings?</p> <p>2 - Feeling Inside out What is the difference between feelings and actions?</p> <p>3 – Super Susie gets angry How can I manage my feelings?</p>	<p>KS1 Module 3 Unit 1</p> <p>1 – Three in one</p> <p>2 – Who is my neighbour?</p> <p>KS1 Module 3 Unit 2</p> <p>The Communities we Live in</p>



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	Jigsaw Being Me in My World	TBC LTF Me, My body and My health	LTF Keeping Safe	LTF Personal Relationships	LTF Emotional Well being	KAPOW Year 2 Economic Wellbeing
Year 2	Hopes and Fears for the Year Rights and Responsibilities Rewards and Consequences	KS1 Module 1 Unit 2 1 - I am unique How am I unique? 2 – Girls and Boys How do boys and girls’ bodies differ? 3 – Clean and Healthy What can we do to stay healthy? (This session will take two lessons)	KS1 Module 2 Unit 3 1 -Being Safe How do I stay safe online? 2 -Good and bad secrets How do I stay safe online? 3- Physical contact What are the different types of abuse? 4- Harmful substances What impact can harmful substances have on the body? 5 – Can you help me? (1) 6 - Can you help me? (2)	KS1 Module 2 Unit 2 1 – Special people Who are the special people in my life? 2- Treat others well How can I be a good friend? 3- Say sorry What should I do if I have upset someone? KS1 Module 1 Unit 4 The Cycle of Life	KS1 Module 1 Unit 3 1 – Feelings, likes and dislikes What are feelings? 2 - Feeling Inside out What is the difference between feelings and actions? 3 – Super Susie gets angry How can I manage my feelings?	L1- Where money comes from Where does money come from? L2-Needs and wants What is the difference between needs and wants? L3 Wants and needs What is the difference between needs and wants? L4 Looking after Money How do I look after my money? L5 Jobs What are the different types of jobs?



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	LTF Personal Relationships	LTF Keeping Safe	LTF Emotional Well being	Kapow Economic Well being Year 4	KAPOW Citizenship	LTF Me, my body and my Health
Year 3/4	<p>LKS2 Module 2 Unit 2</p> <p>1-Friends, families and others What happens when relationships go wrong?</p> <p>2- When things feel bad What is bullying and how do I deal with it?</p>	<p>LKS2 Module 2 Unit 3</p> <p>1-Sharing Online How do I stay safe online?</p> <p>2- Chatting Online How do I report and get help if I encounter inappropriate materials or messages online?</p> <p>3- Safe in my body What are the different types of abuse?</p> <p>4- Drugs, alcohol and tobacco What effect can different substances including drugs, alcohol and tobacco can have on the body?</p> <p>5- First Aid Heroes What should I do in an emergency?</p>	<p>LKS2 Module 1 Unit 3</p> <p>1-What am I feeling?</p> <p>2- What impact does the media have on me?</p> <p>3- Which behaviours are wrong and/or dangerous?</p> <p>LKS2 Module 1 Unit 4</p> <p>Life Cycles</p>	<p>1-How do I pay for things?</p> <p>2-What is budgeting?</p> <p>3-How does money impact our feelings and emotions?</p> <p>4 -How can ethics impact the way we spend our money?</p> <p>5. What different jobs are there?</p>	<p>L1 – Rights of a child What rights do children have?</p> <p>L2 – Rights and responsibilities What is the difference between rights and responsibilities?</p> <p>L3 – Recycling What are the benefits of recycling</p> <p>L4 – What does living in a Community mean?</p> <p>L5- What do charities do?</p>	<p>LKS2 Module 1 Unit 2</p> <p>1 -We don't have to be the Same How can we celebrate our similarities and our differences?</p> <p>2- Respecting Our Bodies How can we look after our bodies?</p> <p>3- What is Puberty? Year 4 only</p> <p>4- Changing Bodies Year 4 only How do our bodies change?</p>



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	LTF Personal Relationships	LTF Keeping Safe	KAPOW Citizenship	LTF Me My Body, My Health	LTF Emotional Well Being	KAPOW Economic Well Being y4
Year 4/5	<p>UKS2 Module 2 Unit 2</p> <p>1- Under pressure What are the different types of pressure?</p> <p>2- Do you want a piece of cake? How do you deal with pressure?</p> <p>3- Self Talk How can I deal with negative self talk?</p>	<p>UKS2 Module 2 Unit 3</p> <p>1-Sharing isn't always caring What shouldn't I share online?</p> <p>2-Cyberbullying What is cyberbullying?</p> <p>3-Types of abuse What are the different types of abuse?</p> <p>4-Impacted lifestyles How can I have a negative impact on my body?</p> <p>5 Good choices What impact will good choices have on my body?</p> <p>6-Giving Assistance What should I do if someone is injured?</p>	<p>1-What are human rights?</p> <p>2-Caring for the environment How does recycling benefit the environment?</p> <p>3- Community What does it mean to live in a community?</p> <p>4-How do different groups contribute to the community?</p> <p>5- Diverse Communities What are the benefits of living in a diverse community?</p> <p>6- Local Councillors What is the role of a Local Councillor?</p> <p>LTF</p>	<p>LKS2 Module 1 Unit 2</p> <p>1 -We don't have to be the Same How can we celebrate our similarities and our differences?</p> <p>2- Respecting Our Bodies How can we look after our bodies?</p> <p>3- What is Puberty?</p> <p>4- Changing Bodies Year</p>	<p>LKS2 Module 1 Unit 3</p> <p>1-What am I feeling?</p> <p>2- What impact does the media have on me?</p> <p>3- Which behaviours are wrong and/or dangerous?</p>	<p>1 -How do I know if something is good value for money?</p> <p>2- Why is it important to track money?</p> <p>3- How can we lose our money?</p>



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	JIGSAW Being Me in My World	KAPOW Economic Well being	LTF Me, My Body, My Health	LTF Emotional Well Being	LTF Life Cycles	KAPOW Citizenship
Year 6 2022-2023 This cohort had all of the LTF teaching in Year 5	<p>1 - What challenges are there ahead of me?</p> <p>2- What does it mean to be a global citizen?</p> <p>3 -What are the rules for learning in Year 6?</p>	<p>1 – Attitudes towards money What influences people’s attitudes towards spending and saving money?</p> <p>2 – Keeping Money Safe How do banks keep money safe?</p> <p>3 – Gambling What are the risks associated with gambling?</p> <p>4- What jobs are available? As above</p> <p>5 Career routes What are the different routes available into a career?</p>	<p>Upper Key stage 2 Module 1/Unit 2 Gifts and talents</p> <p>1 What are gifts and talents?</p> <p>2 Girl’s bodies How do our bodies change as we get older?</p> <p>3 Boys’ bodies How do our bodies change as we get older?</p> <p>4 Spots and Sleep Why is sleep important for us?</p>	<p>Upper KS2 Module 1 Unit 3</p> <p>1-Body image What pressure might I face surrounding body image?</p> <p>2-Peculiar feelings What different feelings might I experience as I grow up?</p> <p>3-Emotional changes How can I handle strong emotions?</p> <p>4 Seeing stuff online What impact can see inappropriate material online have on me?</p>	<p>Module 1 Unit 4 1 Making Babies How are babies made?</p> <p>2 Making babies (optional) As above</p> <p>3 Menstruation What impact will menstruation have on me and my body?</p>	<p>Transition lesson</p> <p>L1- Human Rights What are human rights?</p> <p>L2- Food choices and the Environment How do our food choices impact the environment?</p> <p>L3- Caring for Others Why do we need to show care for others?</p> <p>L4 – Prejudice and discrimination How do we challenge prejudice and discrimination?</p> <p>L5 Diversity What are the benefits of living in a Diverse Community?</p> <p>L6- Democracy How does our Government work?</p>



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